

Santa Clara Valley Transportation Authority (VTA) Celebrates National Preparedness Month

WEEK 1:

Personal and Family Emergency Preparedness – Make a Plan

This September, VTA is proud to participate in National Preparedness Month (NPM). We understand that emergencies can be unsettling, but being prepared can provide a sense of security and confidence. That's why during September, VTA is sharing essential tips and resources each week to help you and your family prepare for emergencies. Week 1 focuses on Personal and Family Emergency Preparedness with the theme "Make a Plan."

STEP 1

Put a Plan Together by discussing these questions with your family, friends, or household to start your emergency plan:

1. How will I receive emergency alerts and warnings?
2. What is my shelter plan?
3. What is my evacuation route?
4. What is my family/household communication plan?
5. Do I need to update my emergency preparedness kit?
 - Water, Non-perishable food, Medications, Medical Equipment, First Aid Kit, Battery powered or hand crank radio, Flashlight, Dust mask, Personal Hygiene Items, Pet Supplies, Toilet Paper, Identification & Important Items, Small Bills, Clothes, Extra Batteries, Extra Batteries.



STEP 2

Consider the Diverse Needs in Your Household:

Tailor your plans and supplies to your specific daily living needs and responsibilities, including:

- Different ages of household members
- Responsibilities for assisting others
- Dietary and medical needs
- Disabilities or access and functional needs
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- School-aged children

STEP 3

Create a Family Emergency Plan:

Creating your Family Emergency Plan is a simple process. Use this [fillable form](#) to do it quickly and easily.



EXIT

STEP 4

Practice Your Plan:

Regularly practice your plan with your family or household to ensure everyone knows what to do in case of an emergency.



For more detailed information and resources, we encourage you to visit [Ready.gov/plan](https://www.ready.gov/plan). This website provides comprehensive guidance on emergency planning and preparedness.

This product uses material inspired by Federal Emergency Management Agency's [Ready.gov](https://www.ready.gov) but is not endorsed by the FEMA.